



Health Freedom Minute

January 2, 2025

Medicare Guide Everyone Should Read

Every day 10,000 baby boomers turn 65 and must make their first MEDICARE DECISION. To help seniors avoid 10 Medicare traps, CCHF published the **Medicare How-To Guide**. It's free on our website at CCHFreedom.org. Look for it on the top of the home page or click on the Helpful Handouts section at the bottom of the page.

One woman sent it to her entire email list. A man shared it with his neighbor, who called back to say it was exactly what he needed. A former health official praised it, saying our Guide includes information people won't find anywhere else. Find your free copy at cchfreedom.org. CCHFREEDOM.ORG

"Medicare How-To Guide," Citizens' Council for Health Freedom, October 2024: https://www.cchfreedom.org/cchf-medicare-how-to-guide/ OR bit.ly/MedicareGuideCCHF

> Presented daily by Twila Brase, President and Co-founder Citizens' Council for Health Freedom.

The Health Freedom Minute is now heard in 48 states: Mon-Fri on more than 870 radio stations nationwide

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