

ON AIR



# Health Freedom Minute

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## Cut Bureaucratic Chains that Bind

Dr. Fred Pelzman writes about a nurse whose whole focus was the patient. She reached out, listened, and often did things that needed to be done without a written order, knowing he and the other doctors “would back her up.”

But today, endless bureaucracy erodes the delivery of care, creating a toxic environment that leads to fewer primary care doctors. He doesn't think nurses like his are coming back but says AI and technology can decrease the bureaucratic burdens doctors face so primary care does not disappear.

The problem is real, but will technology make patients feel cared for? Most doctors and nurses still want the time to care, but they must be freed from the bureaucratic chains that bind. Find doctors that have gone free at [JointheWedge.com](http://JointheWedge.com).

JOINTHEWEDGE.COM

“**What If . . . ?**” Fred Pelzman, MD, MedPage Today, December 2, 2024:  
<https://www.medpagetoday.com/opinion/patientcenteredmedicalhome/113171>

Presented daily by Twila Brase, President and Co-founder  
Citizens' Council for Health Freedom.

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[cchfreedom.org](http://cchfreedom.org) / [info@cchfreedom.org](mailto:info@cchfreedom.org) / 651-646-8935